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Download. Dennis Greenberger, PhD. Founder and Director Anxiety & Depression Center to treat people with anxiety and related disorders. Learn more. Mind Over Mood: Change How You Feel by Changing the Way You Think, by Dennis Greenberger and Christine A. Padesky (The Guilford Press; 2nd edition, 2015).

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Along with Kathleen Mooney, PhD, Dr. Padesky is co-founder of the Center for Cognitive Therapy of Personality Disorders (2nd edition) by Beck, Freeman, Davis Guide to Mind Over Mood by Christine A. Padesky with Dennis Greenberger

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